**STAFF MOBILITY FOR TRAINING[[1]](#endnote-1)**

**MOBILITY AGREEMENT**

Planned period of the training activity: from ***28/04/2025*** till ***02/05/2025***

Duration (days) – excluding travel days: 5 days

**The Staff Member**

|  |  |  |  |
| --- | --- | --- | --- |
| Last name (s) |  | First name (s) |  |
| Seniority[[2]](#endnote-2) |  | Nationality[[3]](#endnote-3) |  |
| Sex [*M/F*] |  | Academic year | **2024/2025** |
| E-mail |  | | |

**The Sending Institution**

|  |  |  |  |
| --- | --- | --- | --- |
| Name |  | Faculty/Department |  |
| Erasmus code[[4]](#endnote-4)  (if applicable) |  |
| Address |  | Country/ Country code[[5]](#endnote-5) |  |
| Contact person  name and position |  | Contact person e-mail / phone |  |

**The Receiving Organisation**

|  |  |  |  |
| --- | --- | --- | --- |
| Name | MASARYK UNIVERSITY | | |
| Erasmus code  (if applicable) | CZ BRNO05 | Faculty/Department | Faculty of Pharmacy, Institute of Lifelong Learning (ILL) |
| Address | Žerotínovo nám. 9,  601 77, Brno | Country/ Country code | Czech Republic |
| Contact person, name and position | Mgr.Vendula Stará  Faculty Erasmus+ coordinator | Contact person e-mail / phone | [+42060224758](tel:+420602247584)4  [starav@pharm.muni.cz](mailto:starav@pharm.muni.cz) |
| Type of enterprise:  NACE code [[6]](#endnote-6)  (if applicable) | P 85.42 | Size of enterprise  (if applicable) | <250 employees  >250 employees |

#### For guidelines, please look at the end notes on page 3.

#### **Section to be completed BEFORE THE MOBILITY**

#### **I. PROPOSED MOBILITY PROGRAMME**

Language of training: English

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| **Overall objectives of the mobility:**  The main purpose of the training course **Conflict management** equip participants with practical tools and strategies to:   * Understand the nature of conflict and its transformative potential. * Communicate effectively in high-stakes situations. * Manage emotions to maintain clarity and composure. * Use empathy and active listening to bridge divides. * Develop conflict resolution techniques that build trust and collaboration. |
| **Added value of the mobility (in the context of the modernisation and internationalisation strategies of the institutions involved):**  Conflict is a natural part of human relationships, yet what sets us apart is our capacity to transform it into an opportunity for growth and connection. It’s not just about words, but also how we navigate emotions, intentions, and perspectives. Unresolved conflict often stems from unclear communication, misaligned expectations, or an inability to listen deeply. But here’s the empowering truth: conflict, when managed effectively, can lead to stronger relationships, deeper understanding, and personal growth internationally and also locally in the institution. Conflict isn’t something to avoid; it’s something to transform. |
| **Activities to be carried out:**  The program will include topics and activities like: How can we resolve conflict - Conflict resolution models; Roles we play in our life and how to break them; Working with emotions; Transactional analysis and working with power; Non-violent communication theory and practice; Assertiveness; Boundaries; Active listening techniques; How to build and keep healthier relationships and a lot of practice everyday. |
| **Expected outcomes and impact (e.g. on the professional development of the staff member and on both institutions):**  The training aims to help participants realise how they tend to deal with conflict, give them a chance to try new approaches to resolve conflict, see different points of view and their roles, they usually stand in. All parties (participant and both – sending and receiving institution) will have a chance to enhance networking and professional relationships with academic and non-academic staff members from various environments, inspire, motivate and support each other and establish opportunities for cooperation with other institutions. |

**II. COMMITMENT OF THE THREE PARTIES**

By signing**[[7]](#endnote-7)** this document, the staff member, the sending institution and the receiving institution/enterprise confirm that they approve the proposed mobility agreement.

The sending higher education institution supports the staff mobility as part of its modernisation and internationalisation strategy and will recognise it as a component in any evaluation or assessment of the staff member.

The staff member will share his/her experience, in particular its impact on his/her professional development and on the sending higher education institution, as a source of inspiration to others.

The staff member and the sending institution commit to the requirements set out in the grant agreement signed between them.

The staff member and the receiving institution/enterprise will communicate to the sending institution any problems or changes regarding the proposed mobility programme or mobility period.

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| **The staff member**  Name:  Signature: Date: |

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| **The sending institution/enterprise**  Name of the responsible person:  Signature: Date: |

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| **The receiving institution**  Name of the responsible person: Mgr. Vendula Stará, Faculty Erasmus + coordinator  Signature: Date: |

1. In case the mobility combines teaching and training activities, **the** **mobility agreement for teaching template** should be used and adjusted to fit both activity types. [↑](#endnote-ref-1)
2. **Seniority:** Junior (approx. < 10 years of experience), Intermediate (approx. > 10 and < 20 years of experience) or Senior (approx. > 20 years of experience). [↑](#endnote-ref-2)
3. **Nationality:** Country to which the person belongs administratively and that issues the ID card and/or passport. [↑](#endnote-ref-3)
4. **Erasmus Code:** A unique identifier that every higher education institution that has been awarded with the Erasmus Charter for Higher Education receives.. It is only applicable to higher education institutions located in Programme Countries. [↑](#endnote-ref-4)
5. **Country code**: ISO 3166-2 country codes available at: <https://www.iso.org/obp/ui/#search>. [↑](#endnote-ref-5)
6. The top-level NACE sector codes are available at <http://ec.europa.eu/eurostat/ramon/nomenclatures/index.cfm?TargetUrl=LST_NOM_DTL&StrNom=NACE_REV2&StrLanguageCode=EN> [↑](#endnote-ref-6)
7. Circulating papers with original signatures is not compulsory. Scanned copies of signatures or electronic signatures may be accepted, depending on the national legislation of the country of the sending institution (in the case of mobility with Partner Countries: the national legislation of the Programme Country). [↑](#endnote-ref-7)